



headache  
academy

## HEADACHE SPECIALIST NURSES TEACHING AFTERNOON ON HEADACHE DISORDERS

4 October 2024

- Learn how to diagnose and manage headache effectively
- A course presented by the foremost headache experts and opinion leaders

ROYAL COLLEGE OF PHYSICIANS  
REGENT'S PARK, LONDON



**A COMPREHENSIVE AND INTERACTIVE COURSE ON HEADACHE DISORDERS FOR  
MEDICAL PROFESSIONALS WHICH WILL ENABLE A CONTEMPORARY APPROACH WITH A  
CONFIDENT DIAGNOSIS, APPROPRIATE INVESTIGATIONS AND EFFECTIVE MANAGEMENT**

*PRESENTED BY THE FOREMOST EXPERTS AND OPINION LEADERS*

**WHY LEARN ABOUT HEADACHE DISORDERS?**

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- Headache is one of the commonest reasons for patients to consult with a doctor. The burden of headaches on patients, health services and society as a whole is extremely high. A wide range of effective treatments are available for most headache disorders.
- Studies show that headaches are under-estimated, under-diagnosed and under-treated.
- Patient's quality of life can be greatly improved by effective diagnosis and treatment. The aim of the Teaching Weekend is to help you to manage these disorders more effectively.

**LEARN HOW TO:**

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- Assess patients with headache.
- Diagnose major categories of headache accurately
- Decide when to investigate patients
- Understand the evidence base for currently available treatments
- Develop effective, individualised treatment plans for your patients

**WHO SHOULD ATTEND?**

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- Headache Specialist Nurses
- Allied Health Professionals



## SPEAKERS

### **PROF MANJIT MATHARU**

Professor of Neurology, Academic & Clinical Lead at The National Hospital for Neurology and Neurosurgery, London.

### **MAHA AHMED**

Headache Nurse Specialist at The National Hospital for Neurology and Neurosurgery, London.

### **AJAY BOODHOO**

Neurology Nurse Consultant, Croydon Health Services, Croydon University Hospital.

### **CLAIRE FISHER**

Headache Nurse Specialist, University Hospitals Sussex NHS Foundation Trust.

### **BETHANY HILL**

Clinical Nurse Specialist, headache and Facial Pain Group, Guy's and Thomas' NHS Foundation Trust.

### **SIOBHAN JONES**

Headache Nurse Consultant, North Cumbria Integrated NHS Foundation Trust.

### **SUSIE LAGRATA**

Advanced Nurse Practitioner at The National Hospital for Neurology and Neurosurgery, London.

### **ANNE-MARIE LOGAN**

Consultant Physiotherapist in Headache Co-Lead Headache service, St George's U.

### **CAMILLE MILLANTE**

Clinical Nurse Specialist for Neurology, Parkinson's Disease and Headache, London North West University Healthcare NHS Trust.

### **LYKA PACANA**

Headache Nurse Specialist at The National Hospital for Neurology and Neurosurgery, London.

### **RACHEL PICKERING**

Headache Nurse Specialist at The National Hospital for Neurology and Neurosurgery, London.

## REGISTRATION

**REGISTER ONLINE AT: [WWW.HEADACHEACADEMY.COM](http://WWW.HEADACHEACADEMY.COM)**

**PLEASE ENSURE YOU TICK THE "NURSE" BOX ON REGISTRATION PAGE.**

- Please note if the accommodation has been ticked and you fail to attend the course there will be an additional charge to your card of £200 for non-attendance
- Bed and breakfast is included. Any extras will be paid by individuals directly to the hotel.
- Address for contacting us is Prof Manjit Matharu, Headache Academy, 23 Queen Square, London WC1N 3BG
- Email address for contacting us is [info@headacheacademy.com](mailto:info@headacheacademy.com)



## PROGRAMME

### FRIDAY 4 OCTOBER 2024

#### 12:30-13:00 REGISTRATION AND REFRESHMENTS

13:00-13:10	<b>Welcome</b>	Prof Manjit Matharu
13:10-13:40	<b>Application of Artificial Intelligence (AI) in Headache Management</b>	Prof Manjit Matharu
13:40-13:55	<b>Harnessing Digital Tools for Enhanced Headache Nursing</b>	Bethany Hill
13:55-14:10	<b>Tips on performing Neurological Assessment from a Headache Nurse</b>	Ajay Boodhoo

#### 14:10-14:40 COFFEE BREAK

14:40-14:55	<b>Fostering Mentorship and Allyship in Headache</b>	Anne-Marie Logan
14:55-15:10	<b>Starting Strong: Tips on overcoming challenges as a new headache nurse</b>	Camille Millante
15:10-15:25	<b>Headache Nurses' Career Pathway</b>	Siobhan Jones
15:25-15:40	<b>Top tips on Public Speaking and Influencing</b>	Susie Lagrata
15:40-16:00	<b>Ups and Downs of nurse led procedure clinics</b>	Claire Fisher
16:00-17:30	<b>Hand on Practical Skills Training (Botox, Greater Occipital Nerve Block, Multiple Cranial Nerve Block)</b>	NHNN Headache Nurse Specialist
17:30-17:45	<b>Close</b>	Susie Lagrata