



headache  
academy

## **SPECIALIST REGISTRAR TEACHING WEEKEND ON HEADACHE DISORDERS**

**5-6 October 2024**

- **Learn how to diagnose and manage headache effectively**
- **A course presented by the foremost headache experts and opinion leaders**
- **Accredited for 12 CPD points**

**ROYAL COLLEGE OF PHYSICIANS  
REGENT'S PARK, LONDON**



## A COMPREHENSIVE AND INTERACTIVE COURSE ON HEADACHE DISORDERS FOR MEDICAL PROFESSIONALS WHICH WILL ENABLE A CONTEMPORARY APPROACH WITH A CONFIDENT DIAGNOSIS, APPROPRIATE INVESTIGATIONS AND EFFECTIVE MANAGEMENT

*PRESENTED BY THE FOREMOST EXPERTS AND OPINION LEADERS*

### **WHY LEARN ABOUT HEADACHE DISORDERS?**

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- Headache is one of the commonest reasons for patients to consult with a doctor. The burden of headaches on patients, health services and society as a whole is extremely high. A wide range of effective treatments are available for most headache disorders.
- Studies show that headaches are under-estimated, under-diagnosed and under-treated.
- Patient's quality of life can be greatly improved by effective diagnosis and treatment. The aim of the Teaching Weekend is to help you to manage these disorders more effectively.

### **LEARN HOW TO:**

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- Assess patients with headache.
- Diagnose major categories of headache accurately
- Decide when to investigate patients
- Understand the evidence base for currently available treatments
- Develop effective, individualised treatment plans for your patients

### **WHO SHOULD ATTEND?**

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- Neurologists, Pain Specialists (including Facial Pain Specialists) and Paediatricians
- General Practitioners
- Specialist Registrars, Associate Specialists and Staff Grades in Neurology
- Specialist Registrars in Paediatrics, Emergency Medicine and General Practice
- Headache Specialist Nurses
- Allied Health Professionals

### **ACCREDITATION**

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- This course is accredited for 12 CPD points by the Royal College of Physicians



## SPEAKERS

### PROF MANJIT MATHARU

Professor of Neurology, Consultant Neurologist, and Academic & Clinical Lead at The National Hospital for Neurology and Neurosurgery, London.

### DR TIM YATES

Consultant Neurologist at The National Hospital for Neurology and Neurosurgery, London.

### PROF FAYYAZ AHMED

Professor of Neurology and Consultant Neurologist at the Hull and East Yorkshire Hospitals NHS Trust.

### DR JANE ANDERSON

Consultant Neurologist and Headache Lead at Addenbrooke's Hospital, Cambridge.

### DR BAL ATHWAL

Consultant Neurologist and Headache Lead at the Royal Free Hospital, London.

### DR SANJAY CHEEMA

Consultant Neurologist at The National Hospital for Neurology and Neurosurgery, London.

### DR ANNA COHEN

Consultant Neurologist at East & North Hertfordshire NHS Trust.

### DR POOJA DASSAN

Consultant Neurologist and Clinical Lead at Ealing Hospital, Imperial College NHS Trust, London.

### DR SALWA KAMOURIEH

Consultant Neurologist at The National Hospital for Neurology and Neurosurgery, London.

### DR SOPHIE DORSEY

Consultant Neurologist and Headache Lead at the Hull and East Yorkshire Hospitals NHS Trust.

### DR CALLUM DUNCAN

Consultant Neurologist and Headache Lead at Aberdeen Royal Infirmary.

### DR MIREIA MORAGAS GARRIGO

Consultant Neurologist at Edinburgh Hospitals.

### DR DAVID MORENO AJONA

Consultant Neurologist at King's College Hospital, London.

### DR NIRANJANAN NIRMALANANTHAN

Consultant Neurologist at St George's University Hospitals, London.

### DR MICHELLE OSWAL

Consultant Neurologist at Hillingdon Hospital, London.

### PROF ALEX SINCLAIR

Professor of Neurology at University of Birmingham and Consultant Neurologist at Queen Elizabeth Hospital, University Hospital, Birmingham.

### DR BENJAMIN WAKERLEY

Consultant Neurologist and Clinical Lead at Queen Elizabeth Hospital, Birmingham.

## REGISTRATION

### CONFERENCE FEES FOR THE COURSE :



1 NIGHT + COURSE

£450



2 NIGHTS + COURSE

£550



COURSE ONLY

£300

THE FIRST 100 DELEGATES TO REGISTER WILL BE CHARGED AT A SUBSIDISED RATE OF £100 FOR THE COURSE INCLUSIVE OF ACCOMMODATION

REGISTER ONLINE AT: [WWW.HEADACHEACADEMY.COM](http://WWW.HEADACHEACADEMY.COM)

- Please note if the accommodation has been ticked and you fail to attend the course there will be an additional charge to your card of £200 for non-attendance
- Bed and breakfast is included. Any extras will be paid by individuals directly to the hotel.
- Address for contacting us is Prof Manjit Matharu, Headache Academy, 23 Queen Square, London WC1N 3BG
- Email address for contacting us is [info@headacheacademy.com](mailto:info@headacheacademy.com)



## PROGRAMME

### SATURDAY 5 OCTOBER 2024

08:30-09:00 REGISTRATION AND REFRESHMENTS

09:00-09:15 Introduction and Overview

#### HEADACHES AND CRANIAL OR CERVICAL VASCULAR DISORDERS

09:15-09:45 History, Examination and Investigations

09:45-10:30 Thunderclap Headache

10:30-11:00 Headaches and Cerebrovascular Disorders

11:00-11:15 Q&A

11:15-11:30 COFFEE BREAK

#### CASE PRESENTATIONS AND INTERACTIVE DISCUSSION

11:30-12:00 Case Presentations

12:00-12:30 Case Presentations

12:30-13:30 LUNCH

#### HEADACHES ATTRIBUTED TO NON-VASCULAR INTRACRANIAL DISORDERS

13:30-14:00 Orthostatic Headache

14:00-14:30 Headache and Intracranial Hypertension

14:30-15:00 Headaches and Intracranial Neoplasia

15:00-15:30 Case Presentations

15:30-15:45 Q&A

15:45-16:15 COFFEE BREAK

#### HEADACHES AND ASSOCIATED CONDITIONS

16:15-16:45 Headache in Pregnancy and Post-Partum Period

16:45-17:15 Headache and Sleep Disorders

17:15-17:45 Headache and Vertigo

17:45-18:00 Q&A

### SUNDAY 6 OCTOBER 2024

08:30-09:00 REFRESHMENTS

#### MANAGEMENT OF MIGRAINE

09:00-09:30 Current Treatments of Migraine: A Comprehensive Overview

09:30-10:00 Modern Approach to Migraine Treatments: CGRP Monoclonal Antibodies

10:00-10:30 Advancements in Migraine Treatment: Gepants

10:30-11:00 Management of Acute Presentations of Migraine

11:00-11:15 Q&A

11:15-11:30 COFFEE BREAK

#### TRIGEMINAL AUTONOMIC CEPHALALGIAS (TACs) AND FACIAL PAIN

11:30-11:45 Management of Cluster Headache and Indomethacin Responsive Headaches

11:45-12:15 Management of Neuralgiform Disorders

12:15-12:45 Case Presentations

12:45-13:00 Q&A

13:00-14:00 LUNCH

#### LESS COMMON HEADACHES

14:00-14:30 Case Presentations

14:30-15:00 Valsalva, Exertional and Sex Headaches

15:00-15:30 Headaches Related to Head and Neck Trauma or Injury

15:30-16:00 Headaches Related to Cervical Disorders

16:00-16:15 Q&A

16:15-16:30 Conclusion

Prof Manjit Matharu

#### CHAIR: PROF MANJIT MATHARU

Dr Niranjana Nirmalanathanam

Dr Krishna Dani

Dr Benjamin Wakerley

#### CHAIR: DR SALWA KAMOURIEH

Dr Krishna Dani

Dr Sanjay Cheema

#### CHAIR: DR JANE ANDERSON

Dr Sanjay Cheema

Prof Alexandra Sinclair

Dr Ball Athwal

Dr Tim Yates

#### CHAIR: DR TIM YATES

Dr Pooja Dassan

Dr Mireia Moragas Garrido

Dr David Moreno Ajona

#### CHAIR: DR SANJAY CHEEMA

Dr Callum Duncan

Dr Tim Yates

Prof Manjit Matharu

Dr Jane Anderson

#### CHAIR: DR CALLUM DUNCAN

Prof Fayyaz Ahmed

Dr Salwa Kamourieh

Dr Jane Anderson

#### CHAIR: DR JANE ANDERSON

Dr Callum Duncan

Dr Michelle Oswal

Dr Anna Cohen

Dr Sophie Dorsey

Prof Manjit Matharu