

Website: www.headacheacademy.com Email: info@headacheacademy.com

## **Lamotrigine Regime in Headache and Facial Pain Syndromes:**

Lamotrigine is used to suppress the pain of various headache and facial pain syndromes including trigeminal neuralgia, trigeminal neuropathy, SUNCT/SUNA and some forms of migraine. The dose has to be increased gradually as given below. Continue increasing the dose until it is effective at suppressing your headaches or you reach the maximum dose of 200mgs daily. If you start to get any side effects please let your General Practitioner or Neurologist know as soon as possible.

	Morning	Evening
For 14 days take:		25mg
For 7 days take:	25mg	25mg
For 7 days take:	50mg	50mgs
For 7 days take:	75mgs	75mgs
For 7 days take:	100mgs	100mgs
For 7 days take:	125mgs	125mgs
For 7 days take:	150mgs	150mgs
For 7 days take:	175mgs	175mgs
Thereafter take:	<b>200mgs</b>	<b>200mgs</b>

## **Side-effects:**

As with all medications, there are potential side effects in a small number of patients. The most often reported effects are: nausea, dizziness, poor balance (ataxia), vomiting, somnolence, double vision, blurred vision, diarrhoea, incoordination, insomnia, pharyngitis and rhinitis.

Lamotrigine can cause serious rashes requiring hospitalization and discontinuation of treatment. The incidence of these rashes, which have included Stevens - Johnson syndrome, is approximately 0.3% (3 per 1000). If you develop a rash, inform your doctor immediately

## **Pregnancy and Breast feeding:**

Lamotrigine is not recommended if you are pregnant, planning a pregnancy or are breastfeeding. Women of childbearing age should take adequate contraceptive precautions.

This leaflet should be read in conjunction with the product characteristic leaflet that can be found inside all boxes of medication. The use of any medicine is based on considerations of how benefits outweigh potential side effects. Your prescribing doctor will discuss the risks and benefits of the medication as it relates to you and answer any further questions you may have.